

*WHEN A MAN IS IN FEAR, even though he has been a lifelong atheist, he starts turning into a theist. Priests came to know about it, and then they used it down the ages. The whole past of humanity is fear ridden.*

*And the greatest way to create fear is to make man feel guilty about natural things. He cannot drop them, and he cannot enjoy them because of the fear of hell, so he is in a double bind. That double bind is the base of man's exploitation. You cannot just drop your sexuality because some stupid priest is saying that it is wrong. It has nothing to do with your idea of right and wrong; it is something natural, something in the very being. You have come out of it, each of your cells is a sexual cell. Just by saying, you cannot drop it. Yes, you can start repressing it, and by repressing you can go on accumulating it in the unconscious, and that becomes a wound. And the more you repress, the more obsessed you become with it. And the more obsessed you become, the more guilty you feel. It is a vicious circle. Now you are caught in the trap of the priest.*

*If you go to Catholic, Jaina, Buddhist monks, you will find them very nervous - maybe not so nervous in their monasteries, but if you bring them out to the world, you will find them very, very nervous because on each step there is temptation. A man of meditation comes to a point where there is no temptation left. Try to understand it. Temptation never comes from without: it is the repressed desire, repressed energy, repressed sex, repressed greed, that creates temptation. Temptation comes from within you, it has nothing to do with the without. It is not that a devil comes and tempts you, it is your own repressed mind that becomes devilish and wants to take revenge. To control that mind one has to remain so cold and frozen that no life energy is allowed to move into your limbs, into your body. If energy is allowed to move, those repressions will surface. That's why people have learned how to be cold, how to touch others and yet not touch them, how to see people and yet not see them.*

*People live with cliches - "Hello, how are you?" Nobody means anything. These are just to avoid the real encounter of two persons. People don't look into each other's eyes, they don't hold hands, they don't try to feel each other's energy, they don't allow each other to pour. Very afraid, somehow just managing... cold and dead, in a strait-jacket.*

*A man of meditation has learned how to be full of energy, at the maximum, optimum. He lives at the peak, he makes his abode at the peak. Certainly he has a warmth but it is not feverish, it only shows life. He is not hot, he is cool, because he is not carried away by desires. He is so happy, that he is no longer seeking any happiness. He is so at ease, he is so at home, he is not going anywhere, he is not running and chasing... he is very cool.*